Healthy Eating Advisory Service

<section-header><section-header><text>

All public health services should select the Policy directive assessment type, and not the standard Healthy Choices assessment type when completing FoodChecker assessments for the Policy directive

On FoodChecker, health services have two assessment options, Policy directive or the 'standard' Healthy Choices option.

The Policy directive assessment flow is relevant for public health services with vending machines and/or in-house managed retail food outlets. This assessment type will review your foods and/or drinks against the Policy directive targets, and only assessments using this flow can be submitted via the Progress tracker for Department of Health Policy directive reporting. The Healthy Choices assessment flow is relevant if you have a commercially managed retail food outlet or are a private health service. This assessment will show the percentages for food and drinks combined, unlike the Policy directive flow which separates them and has different percentage targets for Green, Amber and Red drinks.

The assessments you complete using FoodChecker are not visible or submitted to the Victorian Department of Health until you finalise reporting using the Progress tracker tool.

The following steps demonstrate how to complete a FoodChecker assessment using the Policy directive targets for foods and drinks for your health service.

Example





Instructions

Starting your assessment

To begin, log in to your health service FoodChecker account.



01



How to Guide Instructions for using FoodChecker Healthy Eating Advisory Servic<u>e</u>

Instructions for using FoodChecker

Example



hot meals

Instructions

- items from patient/residential menu
 - sandwich/salad bar
 - Smoothies/milkshakes or other cold drinks made onsite
 - Snacks made onsite

Enter these recipes via the 'Assess a recipe' function, you will then add these into a full menu assessment.

Healthy Eating Advisory Service

Instructions for using FoodChecker

Example





Instructions

View/edit and complete your assessment/s

To see your assessments, select 'My Assessments.' To make changes to your assessment, select the 'Copy and Edit' function.

You can complete as many assessments as you like.

Make a note of the assessment/s you wish to nominate for each food outlet and vending machine for Policy directive reporting in the Progress tracker, including the assessment ID number, assessment name and date submitted.

